

Active Lifestyles Features

Newport News TV
Program Schedule



A new Active Lifestyles television program featuring the Fashion Elegantes modeling club was filmed in August, 2009. See this show and other local programs on Cox cable channel 48, Verizon FiOs Channel 19 and at nngov.com ON DEMAND.

Check the programming schedule at:

www.nngov.com/newport-news-tv/custom/tvschedule



The new computer lab at Denbigh-Lee Hall Senior Center offers Active Lifestyles participants the opportunity to learn about computers and improve their computer skills. All levels are welcome. Contact the center for a registration form and general information. Call 886-7907.



Hawaiian Luau

held at Brittingham-Midtown
Community Center



Fish Fry

The Fish-N-Fixin's event at North Newport News Community Center in July attracted quite a crowd. Sidney Lassiter (shown here) ran the kitchen with his fish-frying skills.